# REFLECTIONS ON PLANNING AND PROGRESS

<table>
<thead>
<tr>
<th>Supervisor name</th>
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<tbody>
<tr>
<td>Candidate session number</td>
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<td>Candidate name</td>
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<td>School number</td>
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<td>Examination session (May or November)</td>
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**Candidate: From May 2018, please refer to the ‘Extended Essay Student Guide’ when completing this form.**

This form is to be completed by the candidate during the course and completion of their EE. This document records reflections on your planning and progress, and the nature of your discussions with your supervisor. You must undertake three formal reflection sessions with your supervisor: The first formal reflection session should focus on your initial ideas and how you plan to undertake your research; the interim reflection session is once a significant amount of your research has been completed, and the final session will be in the form of a viva voce once you have completed and handed in your EE. This document acts as a record in supporting the authenticity of your work.

The completion of this form is a mandatory requirement of the EE for first assessment May 2018. It must be submitted together with the completed EE for assessment under Criterion E.

**Supervisor:** You must have at least three reflection sessions with each candidate, one early on in the process, an interim meeting and then the final viva voce. Other sessions are permitted but do not need to be recorded on this sheet. After each session candidates must record their reflections and as the supervisor you must sign and date this form.

<table>
<thead>
<tr>
<th>Reflections on planning and progress</th>
<th>Candidate comments</th>
<th>Date</th>
<th>Supervisor signature</th>
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<tbody>
<tr>
<td>First reflection session</td>
<td>In many of my courses we have discussed the role that media play in conveying information, and how many people learn about current events from newspapers and TV news. I think this would be an interesting topic to research in my essay, and I’m also thinking of studying journalism in the future. After talking to my supervisor, I know that I need to focus on something more concrete. My plan is to choose a certain event in history, and then look at how the media was involved.</td>
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### Interim reflection

I discovered that the American media was very heavily involved in the Vietnam War between 1955 and 1975. And this was the first time that the US media was not censored in the same ways as in the Second World War or the Korean War. I have already found multiple sources and have been writing down ideas in my research portfolio. I have also found some pictures which I can use in my essay to discuss how the media reported on the events with regards to the photos. I'm still trying to narrow down my topic though, because I haven't been able to formulate a proper research question.

### Final reflection – viva voce

I narrowed down my research down in the end, to looking at how the US media reporting of the Vietnam War was out of context and how this influenced the American public. I found lots of sources that discuss the issue, and it is very interesting to see how the media really took some events completely out of context and the American public was left with a wrong image of what really took place. I learned that it's important to be critical when reading the news, because there can be multiple sides to one story, so you cannot always trust that the news story is completely true.

I'm very happy that I was able to finish my essay, because it was a lot of hard work. I learned a lot about the topic, and also how to write academic essays. I understand now that it is important to have a clearly defined focus for the essay, because 4000 words is not so long in the end to cover a huge topic.
Supervisor’s comments:

X had considerable difficulty knowing how to focus his research. He wanted to cover media involvement in the Vietnam War and eventually narrowed his investigation down to look at how media misreported the war and failed to give the American public an objective picture of events in South-East Asia. I enjoyed discussing the idea with X and consider it a very original perspective to take on a much covered topic.

Candidate’s declaration

This declaration must be signed by the candidate; otherwise a grade may not be issued.

The extended essay I am submitting is my own work (apart from guidance allowed by the International Baccalaureate).

I have acknowledged each use of the words, graphics or ideas of another person, whether written, oral or visual.

I am aware that the word limit for all extended essays is 4000 words and that examiners are not required to read beyond this limit.

This is the final version of my extended essay.

Candidate’s signature  Date

Supervisor’s declaration

This declaration must be signed by the supervisor; otherwise a grade may not be issued.

I have read the final version of the extended essay that will be submitted to the examiner.

To the best of my knowledge, the extended essay is the authentic work of the candidate.

I spent [ ] hours with the candidate discussing the progress of the extended essay.

Supervisor’s signature  Date